

清香散

THIS MEDICINE FOR GENERAL USE

Shinkosan Granules

(Category 2 OTC medicines)

INDICATIONS :

Following symptoms in person with poor physical strength, highly nervous mentality and gastrointestinal weakness: early stage of common colds, Chi-no-michi-sho*.

*Chi-no-michi-sho is a generic term of neuropsychiatric symptoms such as anxiety and irritation and physical symptoms caused by fluctuation of female hormones caused due to menstruation, pregnancy, childbirth or menopause.

CAUTION FOR USE

• Who should seek consultation

1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment by a physician.
 - (2) Pregnant women or women who may be pregnant.
 - (3) Elderly persons.
 - (4) Persons who have experienced rash, redness or itching by medicines or other substances.
 - (5) Currently experiencing the following symptom: edema.
 - (6) Persons diagnosed as having the following disease: hypertension, heart disease, kidney disease.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor. Take the instruction leaflet with you.

Affected Area	Symptoms
Skin	Rash, redness, itching

In very rare cases, the following serious symptoms may occur after taking medicine.
In this case, consult a physician immediately.

Symptom name	Symptoms
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, a stretched feeling and stiffness in the hands and feet, feeling of weakness and muscular pain may appear and gradually worsen.

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if your symptoms do not improve after taking this medicine for about 1 month (Take this medicine 5 or 6 times if you are in the early stages of a common cold, with symptoms such as a runny nose or headache). Take this leaflet with you.
4. If you take this medicine regularly for a long period, consult a physician, pharmacist, or registered distributor.

DOSAGE

Take the following doses with warm or cold water before or after meals.

Age	Dose	Daily Frequency
Adult (15 years or over)	1 Packet (2.0g)	3 times a day
7 years to under 15 years	2/3 Packet	
4 years to under 7 years	1/2 Packet	
2 years to under 4 years	1/3 Packet	
Less than 2 years	Do not use	

CAUTION RELATED WITH DOSAGE AND USAGE

Children should take this medicine only under adult supervision.

INGREDIENTS

3 Packets (Adult daily dose)

Composition	Dosage	
Koubushi (Cyperus Rhizome)	2.00g	0.70g of a water extract of the mixed crude drugs.
Soyou (Perilla Herb)	1.00g	
Chinpi (Citrus Unshiu Peel)	1.00g	
Kanzo (Glycyrrhiza)	0.75g	
Shokyo (Ginger)	1.00g	
Koubushi powder (Powdered Cyperus Rhizome)	1.05g	
Soyou powder (Powdered Perilla Herb)	0.52g	
Chinpi powder (Powdered Citrus Unshiu Peel)	0.52g	
Kanzo powder (Powdered Glycyrrhiza)	0.39g	
Shokyo powder (Powdered Ginger)	0.52g	

Inactive ingredients: starch

CAUTION

Since the medicine contains crude drugs, Granule color may vary for between products, however this has no influence on the efficacy of the medicine.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep out of reach of children.
- (3) Do not transfer to another container to prevent misuse and quality deterioration.
- (4) When you take this medicine in divided doses, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.

MANUFACTURED AND DISTRIBUTED BY:

WAKANYAKU MEDICAL INSTITUTE LTD.

1193 Akagisan, Fujimi-machi, Maebashi-shi, Gunma. Japan

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