# 紫華栄

#### THIS MEDICINE FOR GENERAL USE

Shikaron

 $(Category\ 3\ OTC\ medicines)$ 

# **INDICATIONS**

For revitalization in individuals with the following conditions; Weak constitution, physical fatigue, weakness during and after illness, gastrointestinal weakness, loss of appetite, pale complexion, over-sensitive to cold, and revitalization in growth season.

# CAUTION FOR USE

- · Who should seek consultation
- 1. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor. Take the instruction leaflet with you.

| Affected Area | Symptoms               |
|---------------|------------------------|
| Skin          | Rash, redness, itching |

2. If you take this medicine regularly for a long period, consult a physician, pharmacist, or registered distributor.

#### DOSAGE

Take the following doses with warm or cold water between meals.

("Between meals" means a couple of hours after meals.)

| Age                        | Dose            | Daily Frequency |
|----------------------------|-----------------|-----------------|
| Adult (15 years or over)   | 1 Packet (1.5g) |                 |
| 11 years to under 15 years | 1/2 Packet      | 3 times a day   |
| 8 years to under 11 years  | 1/3 Packet      |                 |

#### CAUTION RELATED WITH DOSAGE AND USAGE

- (1) Observe the dosage and usage.
- (2) Children should take this medicine only under adult supervision.

# **INGREDIENT**

# 3 Packets (Adult daily dose)

| Composition                            | Raw material | Dosage  |
|--|--------------|---------|
| Shikon (Lithospermum Root) extract     | 7,500mg      | 170mg   |
| Touki (Japanese Angelica Root) extract | 342mg        | 120mg   |
| Jyuyaku (Houttuynia Herb) extract      | 1,500mg      | 85mg    |
| Ninjin (Ginseng) extract               | 3,000mg      | 600mg   |
| Ougi (Astragalus Root) extract         | 250mg        | 50mg    |
| Senkyu (Cnidium Rhizome) extract       | 225mg        | 50mg    |
| Yokuinin powder (Powdered Coix Seed)   |              | 1,800mg |
| Kanzo powder (Powdered Glycyrrhiza)    |              | 45mg    |

Inactive ingredients: lactose hydrate

# **CAUTION**

Since the medicine contains crude drugs, Granule color may vary for between products, however this has no influence on the efficacy of the medicine.

# PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool dry place free from direct sunlight.
- (2) Keep out of reach of children.
- (3) Do not transfer to another container to prevent misuse and quality deterioration.
- (4) When you take this medicine in divided doses, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.

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