

和漢薬ササラック

THIS MEDICINE FOR GENERAL USE

Wakanyaku Sasa-rak

(Category designated 2 OTC medicines)

INDICATIONS :

Constipation, and the following symptoms associated with constipation: heavy-headiness, hot flashes, rough skin, pimples, loss of appetite, abdominal bloating, abnormal intestinal fermentation, and hemorrhoid.

CAUTION FOR USE

・ To be avoided

Failure to observe the following may result in worsening of symptoms or adverse reactions.

1. This medication should not be used in combination with the following drugs:
Other cathartic agents
2. Women who are nursing should not take this medicine. If those women take it, avoid breast feeding.
3. Do not take in large quantities.

・ Who should seek consultation

1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment by a physician.
 - (2) Pregnant women or women who may be pregnant.
 - (3) Persons who are physically weak (people with reduced physical strength or a weak constitution).
 - (4) Persons with weak stomach and intestines who have a tendency to diarrhea.
 - (5) Persons who have experienced allergic symptom by medicines or other substances.
 - (6) Persons with the following symptoms: severe abdominal pain, nausea, or vomiting.

2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor. Take the instruction leaflet with you.

Affected Area	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Severe abdominal pain, nausea, vomiting.

3. The following symptom may appear after taking this medicine. If the symptoms continue or worsen, stop taking this medicine and consult a physician, pharmacist or registered distributor. Take this leaflet with you:

Diarrhea

4. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 week. Take this leaflet with you.

DOSAGE

Take the medicine on an empty stomach 1 to 3 times a day, up to 3 times a day, with at least 4 hours between doses.

Start from minimal dose and adjust depending on your bowel condition.

Age	Dose	Daily Frequency
15 years or over	3/4~ 1 Packet	1~ 3 times a day
11 years to under 15 years	1/2~ 2/3 Packet	
7 years to under 11 years	2/5~ 1/2 Packet	
3 years to under 7 years	1/4~ 1/3 Packet	
Less than 3 years	Do not use	

CAUTION RELATED WITH DOSAGE AND USAGE

- (1) Follow the dosage and directions.
- (2) Children should take this medicine only under adult supervision.

(3) When children who are 3 years or older take this medication, be careful the medicine does not get stuck in the throat.

INGREDIENTS

Composition	Daily dosage 4.5g (3 Packets)
Daiou (Powdered Rhubarb)	1.0g
Senna (Powdered Senna Leaf)	1.0g
Kanzo (Powdered Glycyrrhiza)	0.6g
Shakuyaku (Powdered Peony Root)	0.5g
Hakka (Powdered Mentha Herb)	0.5g

Inactive ingredients: corn starch

CAUTION

Since the medicine contains crude drugs, Granule color may vary for between products, however this has no influence on the efficacy of the medicine.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store hermetically in a cool, dry place free from direct sunlight.
- (2) Keep out of reach of children.
- (3) Do not transfer to another container to prevent misuse and quality deterioration.
- (4) When you take this medicine in divided doses, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.

MANUFACTURED AND DISTRIBUTED BY:

WAKANYAKU MEDICAL INSTITUTE LTD.

1193 Akagisan, Fujimi-machi, Maebashi-shi, Gunma. Japan

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